

SUPPORT SERVICE CONTACTS

Action on Elder Abuse (0808 808 8141) www.wearehourglass.org

End the harm, abuse and exploitation of older people in the UK.

Age UK (0800 678 1602) www.ageuk.org.uk

Practical support for older people as well as their families, friends and carers.

Alzheimer's Society (0333 150 3456) www.alzheimers.org.uk

Dementia Support line

Childline (0800 1111) www.childline.org.uk

Advice and support to children who can share issues and problems, and find a listening ear.

Derbyshire Mental Health helpline (0800 028 0077)

www.derbyshirehealthcareft.nhs.uk/services/helpline-and-support-service

24 hours a day service offering support and a listening ear.

Family Lives (0808 800 2222) www.familylives.org.uk

Information, advice, guidance and support on any aspect of parenting and family life.

Galop (0800 999 5428) www.galop.org.uk

LGBT+ anti-abuse charity

MACSAS (08088 01 03 40) www.macsas.org.uk

Minister and Clergy Sexual Abuse Survivors

Mankind (01823 334244) www.mankind.org.uk

Support for male survivors of domestic abuse.

Men's Advice Line (0808 8010 327) www.mensadviceline.org.uk

Confidential help, support, and advice for male domestic abuse victims.

Mind (0300 123 3393) www.mind.org.uk

Offer support for mental health problems.

NAPAC (08088 0103 31) www.napac.org.uk

National Association for People Abused in Childhood (NAPAC).

National Careline (0800 0699 784) www.thenationalcareline.org

Provides support and information to the elderly, their carers and their families.

National Domestic Abuse Helpline (0808 2000 247) www.nationaldahelpline.org.uk

Informing and empowering individuals to understand their options and support them.

NSPCC (0808 800 5000) www.nspcc.org.uk

The National Society for the Prevention of Cruelty to Children.

Rape Crisis (08088 02 99 99) www.rapecrisis.org.uk

Offering support and counselling for those affected by rape and sexual abuse.

Refuge (0808 2000247) www.refuge.org.uk

For women and children. Against domestic abuse.

Safe Spaces – (0300 303 1056) www.safespacesenglandandwales.org.uk

Provides a confidential, personal, and safe space for anyone who has been abused by someone in the Church or because of their relationship with the Church of England, the Catholic Church in England and Wales or the Church in Wales.

Samaritans (Derby and District - 0330 094 5717) www.samaritans.org

Supporting individuals who are feeling suicidal and desperate.

Stop it now (0808 1000 900) www.stopitnow.org.uk

Preventing child sexual abuse.

Survivors Voices (01773 746 115) www.survivorsvoices.org

Supporting Victims of Sexual Violence.

The Survivors Trust (08088 01 08 18) www.thesurvivorstrust.org

Offering specialist rape and sexual abuse services.

Victim support (0808 16 89 111) www.victimsupport.org.uk

Offering those affected by any crime support and advise.

LOCAL SOCIAL CARE CONTACTS:

Derby City Social Care

Childrens: 01332 641172

Adults: 01332 642855

Out of Hours: 01332 956606

Derbyshire (Adults and Children)

Call Derbyshire: 01629 533190

Out of Hours: 01629 532600