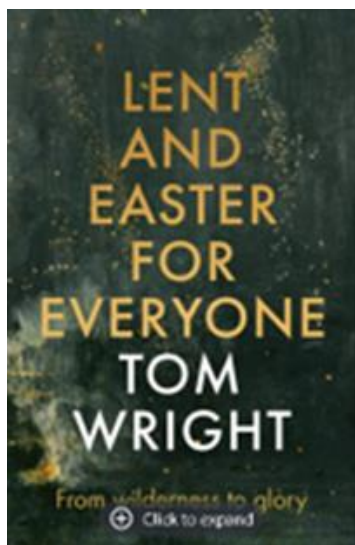


LENT - As our Lent preparation for Easter, Sarah and I are inviting all four churches to read and reflect on 'Lent and Easter for Everyone', by Tom Wright. It is available to buy at eden.co.uk/Christian-books/easter-and-lent-books and other online sellers.

For those with smart phones, Sarah is setting up a 'WhatsApp' group to enable a 'lighter touch' group discussion, which everyone is invited to join. There is no pressure to offer your reflections, you can simply read the reflections of others if you prefer. This can be a daily activity, or you may wish to check in less frequently. The group will run from Lent to Easter and then close. Please be aware your mobile number will be visible to all users. The group is specifically to discuss the Lent book and some guidelines will be made available to all involved to ensure it is a safe space for all users of the group chat. Please email Emma with your mobile number to be added to the group: stnicksallestree@outlook.com.

Those without smartphones may email me so I can send out a list of those people, who may then wish to meet up informally with others for a cuppa to reflect on the book in person. I'm not proposing to set up formal facilitated groups, I'd prefer people to direct their own learning and growth in discipleship this year. Email me on rev.rachaelbrooks@gmail.com.

I look forward to journeying through Lent with you.



ST EDMUND'S PRAYER LIST - I'd like to update the list of people who are ill that we hold in prayer in our intercessions and in our own prayers through the week. I'd like to start from scratch, so, would anyone who has referred someone to the list who needs to remain there please either speak to me or John Rice or email me so we can include them in the new list. I'd like their full name, your full name and contact information so I can check in with you how they are from time to time, and a brief note about their illness so I know whether it's a long or short term condition. This will be held confidentially. Any new referrals are also welcome. Thank you all for your faithful prayer and care for one another.

ST EDMUND'S MOTHERING SUNDAY POSIES - Come and join us in making up Mothering Sunday posies in St. Edmund's Church Hall on Saturday 9th March between 9.30 a.m. and noon. We operate a simple production line. No floristry skills are required, but bring a pair of scissors, if possible. Refreshments are provided. If you can spare any small-leaved greenery, heather, flowering jasmine or similar, please could you bring it to the Church Hall before the start of proceedings on the Saturday. Alternatively, let me know and I'll happily come and 'raid' your garden! Thank you. Michèle Aspinall (01332 558461 or 07773 784009).

N.B. Posies will be available in the church porch on Saturday between 12.30 and 2.00 p.m. and on Sunday at the 10 a.m. service.