

# Derby City Deanery NEWSLETTER

July 2021 /#031



Derby City Deanery  
*Rooted in Prayer,  
Serving Derby,  
Sharing the Gospel*

## From the Lay Chair Madelaine Goddard:

Dear Friends,

While I am writing this, final details have been announced of how we will finally emerge from the lockdown we have been living through to a greater or lesser extent for the past 16 months. Some feel this return to 'normality' cannot come soon enough, while others of us are perhaps a little more apprehensive or nervous. Some of the changes to our lives will perhaps continue for some time yet.



I believe it had been hoped that the recent General Synod might have been held face to face, but because of the extension of the lockdown it was again on Zoom. This was a pity because it was final meeting of the present five-year term, and we would dearly have liked to say farewell to each other!

Derby Diocese had six members on General Synod, as well as the Bishop. Three of these were from our Deanery (Revd Alicia Dring, Revd Julian Holywell & Mr Rhodri Williams). Elections will soon be taking place to form the new Synod for the next five years, and it is one of the important tasks of Deanery Synod members to select these people. During the summer, the names of candidates and their election addresses will be sent to you. Please do give them your prayerful and serious attention & REMEMBER TO VOTE – but why not consider offering yourself for election???

Over the past few weeks we have also been selecting our Deanery representatives for Diocesan Synod. Derby City Deanery is allowed nine laity and fourteen clergy and sadly, not all of these places were filled, so you will again be asked to nominate people for these 'casual vacancies' [see more on pages 4-5]. Please will you look around your congregations for people you believe might be able to serve the Church in this way. NB: they do not need to already be Deanery Synod members.

Many thanks to those who have already volunteered their services (their names are listed on page 4 in this newsletter) and to those retiring.

I feel I have concentrated a lot on Synods and processes but there is much in the following pages that will tell you of other happenings – many thanks to Jo for once again providing us with an interesting & informative newsletter!

With best wishes for a relaxing & refreshing few weeks.

*Madelaine*

*This bi-monthly newsletter comes from Derby City Deanery – the group of Anglican parishes which fall within the city boundary – and is for sharing around churches and communities.*

**NEXT DEADLINE: 5pm on Friday 27 August: material to [jo.simister@derby.anglican.org](mailto:jo.simister@derby.anglican.org) please.**

Acting Area Dean Revd Dr Simon Cartwright [revscartwright@gmail.com](mailto:revscartwright@gmail.com)  
Deanery Administrator: Ms Jo Simister [jo.simister@derby.anglican.org](mailto:jo.simister@derby.anglican.org)

## DEANERY ADMINISTRATOR'S NOTICES:

Jo Simister, Deanery Administrator [jo.simister@derby.anglican.org](mailto:jo.simister@derby.anglican.org)

### **THANK YOU EVERYONE FOR COMPLETING THE FINANCE RETURNS!**

### **BECOMING AN ECO-CHURCH:**

39 parishes in this Diocese have registered as Eco Churches. Ten have achieved awards. The Eco Church website has its own resources page- everything from measuring your carbon footprint, or being wildlife friendly to different types of recyclable cup available. The website is <https://ecochurch.arocha.org.uk/resources/>.

**Webinars to support your Eco Church journey:** see booking links at <https://derby.anglican.org/en/our-mission/environment.html>

1. AN INTRODUCTION TO AND OVERVIEW OF ECO CHURCH – GETTING STARTED  
Thursday 16th Sep noon-1pm.
2. WORKING TOWARDS AN AWARD AND MAINTAINING MOMENTUM  
Thursday 23rd Sep, noon-1pm.
3. WORKING TOWARDS NET ZERO CARBON  
Thursday 7th October, noon-1pm.

### **A CHURCH NEAR YOU:**

ACNY is the Church of England's tool for people to find the nearest church to them with the features that they require. Visitors in your area will be using it to find your services – and also if seeking a church with a foodbank, or your local Alpha course – or to find out about your beautiful stained glass windows, for example. A Church Near You is the go-to site.

So it is *REALLY IMPORTANT* that every parish updates this site, which is likely to be where an enquirer first lands. Will they find the correct phone number? The correct times of services? your website or facebook group? and the activities you offer?

- HOW TO USE ACNY: <https://derby.anglican.org/en/news/communications-office/social-media-guidance/how-to-use-a-church-near-you.html>
- HOW TO BECOME AN EDITOR: <https://derby.anglican.org/en/news/communications-office/social-media-guidance/a-church-near-you-page-editor.html>

### **CHURCH AND SCHOOLS SURVEY:**

Contact Sarah Brown, Children's Advisor, for more on this: [sarah.brown@derby.anglican.org](mailto:sarah.brown@derby.anglican.org)

As part of the Growing Faith work in the Diocese, we are carrying out a survey of the ways in which each church is involved with schools in their parish. The idea of this is that we look at ALL schools, not just Church of England schools.

We would like to ensure that, as a minimum, every school receives regular prayer and is aware of a local church/person that they could contact if wanted or needed.

I will be sending a form with all of the Benefice/parish schools listed and asking clergy (or another church member) to fill in the form – simply with “yes” or “no”, unless they wish to add any more information.

*Thanks!*

## LOCAL BUILDING DEVELOPMENT PLANS:

From Gareth Greenwood, Community Project Development Officer

[gareth.greenwood@derby.anglican.org](mailto:gareth.greenwood@derby.anglican.org)

It's been said many times and in many ways that church buildings can be blessing or burden, but the one unescapable reality is that unless we have a 'plan' to sustain the effectiveness of those buildings (even if that plan is birthed from desperation) we will at best not be maximizing the blessing, and at worst we will be dragged under by the heaviness of the burden.

The buildings game is not played on a level playing field. Some communities are rich, some less well off. Some church buildings are Grade 1 listed and some not listed at all. Some in good repair and some in poor condition. Some are looked after by a numerous and well-resourced PCC and congregation, whilst some are in the trust of a dedicated but dwindling few.

Whatever your local context is, this tool simply links your ministries and activities with the utility of the church building, and how it might need to be developed to enable a sustainable future within its community. It will take you through four simple steps towards creating a local building development plan, and identifying where the resources might come from.

### ***Capable buildings enable discipleship, mission and ministry:***

- They play a key role in **Transforming Lives**, by acting as the stage for people's major life events.
- They play a major role in **Growing Church** by providing a sanctuary of peace, a space to worship God, and a place to teach and inspire.
- They play many roles in **Building Community** - meeting place, polling station, community hub, food bank, spiritual resource centre, to name just a few.

A sustainable and relevant church building will potentially look very different from parish to parish, but working towards a Local Building Development Plan will give the PCC an opportunity to consider all the options and in turn, help reset or strengthen the connection between:

- The church building and the vision of the PCC and congregation.
- The church community and wider parish community

Creating a Local Building Development Plan is one way that can help you:

- **Identify** or reaffirm the core vision and ministries of the PCC and congregation in relation to your local context.
- **Assess** the current attributes and elements of the building.
- **Determine** what the building needs, to support your vision & enable discipleship, mission and ministry within your local community.
- **Prioritize** the changes needed and identify the resources required.

The very simple 4 step toolkit is something a PCC can use on its own or in concert with other resources. However, it should always involve the wider parish community beyond the four walls. Remember, a church building is not a clubhouse, but a parish's place of gathering, worship and sanctuary.

Click for the [Local Building Development Plan Tool](#) or go to

<https://derby.anglican.org/en/resources/building/strategic-buildings-review/local-building-development-plans.html>

## NEWS FROM AROUND THE DEANERY:



### SHOULDER TO SHOULDER:

Join us making a real difference to lives in Derby - generously helping people in very practical ways. The next Shoulder to Shoulder sessions are 7 August, 11 September and 9 October.

Meet at 9am, St Alkmunds church car park, Kedleston Road, to allocate jobs. We provide lunch for you, so just bring your enthusiastic self and any tools and equipment you think might help (general gardening forks, spades, hedge trimmers, loppers, and fence panel tools like hammers, saws, etc).

*Let us know you are coming (so we can get you lunch) - [alksmen@stalkmunds.org.uk](mailto:alksmen@stalkmunds.org.uk) .*

### BISHOP LIBBY AS LEAD BISHOP FOR SPORT:

On 4 July 2021, Bishop Libby led Radio 4's Sunday Worship as the CofE lead Bishop for Sport. She said "I've always delighted in watching my favourite teams in action – even more so, since I became lead Bishop for Sport. An event like the Olympics usually brings us together, with thousands in stadia and venues or gathered with friends and family – to cheer on elite sports people and to marvel at the limits professional athletes can push their bodies to.

"It'll be a very different experience for the athletes this year as they focus on the event, with excitement and trepidation, with the added complications of the pandemic. We think about the athletes, support teams and organisers as they begin their final preparations, and we reflect on those who missed out on qualifying.

"Despite all the changes and uncertainties, new memories will be made, new records broken and new heights reached, as we watch the best of the best."

Listen at <https://anglican.us5.list-manage.com/track/click?u=a1b4c83c49eb41ec82649d64e&id=859db2321b&e=b7254e339e>

### ELECTIONS TO DIOCESAN SYNOD:

#### DERBY CITY DEANERY'S MEMBERS FOR 2021-2024:

##### House of Laity: (7 of 9 places allocated)

Molly Andrews  
Madelaine Goddard  
Geoffrey Howell  
Anna Louise Lake  
Benjamin Martin  
Josephine Simister  
Peter Vincent

##### House of Clergy: (9 of 14 places allocated)

Neil Barber  
Simon Cartwright  
Paul Desborough  
Alicia Dring  
Will Eley  
Julian Hollywell  
Giles Orton  
Jason Ward  
Sarah Watson

## CASUAL VACANCIES FOR DIOCESAN SYNOD:

You will see from the forgoing item that Derby City Deanery has a number of 'casual vacancies' for Diocesan Synod – two for the House of Laity and five for the House of Clergy. We are awaiting the nomination forms, but if you would be interested to serve the diocese in this way, please let Jo know ([jo.simister@derby.anglican.org](mailto:jo.simister@derby.anglican.org)). We wish to fill these vacancies as soon as possible.

## GENERAL SYNOD:

*From Madelaine Goddard (member of House of Laity 2005-2015).*

### What is General Synod?

The General Synod is the national assembly (sometimes referred to as the Parliament) of the Church of England. Members debate and vote on legislation which affects the whole of the Church of England, such as new forms of worship, matters of national & international importance e.g. climate change, racial justice, housing, clergy discipline etc – as well as approving the annual budget for the work of the Church. Matters of more local concern from Diocesan and Deanery Synods can be sent for debate too – and sometimes end up in our Westminster Parliamentary legislation.

The Synod has just under 500 members divided into three Houses: the House of Bishops which includes every Diocesan Bishop and a few suffragans, the House of Clergy, and the House of Laity. The latter two have elected representatives from each diocese.

Members of the House of Clergy are elected from and by the diocesan clergy. To be elected to the House of Laity, a person must be a communicant member of the Church of England, at least 18 years old and have their name on the parish roll in the diocese or on the community role of a cathedral church of the diocese. They are voted for by members of Deanery Synods.

The General Synod meets twice a year for about 4- 5 days: in February in Church House, Westminster and in July in York University. Very occasionally there is an additional session in November in London. Special permission was given by the Westminster Parliament for General Synod to meet online this year.

Each Synodical term lasts for five years – elections for the next quinquennium will be held this summer. This is an opportunity to represent the concerns of your local community and diocese at a national level, and to have a say in legislation affecting the Church of England.

**Please consider prayerfully about whether you could offer yourself for this important role. You can find out more at <https://www.churchofengland.org/about/leadership-and-governance/general-synod/general-synod-elections-2021>**



**Will you stand for the Church of England General Synod Elections?**

Standing for General Synod, the legislative body of the Church of England, is an opportunity to represent the concerns of your community and your diocese at a national level. As an elected member of Synod, you will have a say in national legislation that affects all parts of the Church of England. Together with Westminster Parliament, it is the only body in the land which is entitled to make national law for England. In addition to legislation, you can also raise issues and contribute to debates on a wide range of social and policy matters – of national and international significance.



**THE CHURCH OF ENGLAND**  
General Synod is made up of three Houses: Bishops, Clergy, and Laity. For more information about how you can stand for the Synod Elections, please visit:  
[www.churchofengland.org/synodelections](http://www.churchofengland.org/synodelections)

## OUR NEW ORDINANDS:

- Deacons:** Becky Reeve (Walbrook Epiphany Team Ministry)  
 Jeff Golding (St Werburgh BMO, Derby)  
 John Ferguson (St Barnabas, Derby)  
 Nick Parish (St Peter & Christ Church with Holy Trinity, Derby)
- Priests:** Kate Smedley (St Werburgh, Spondon)  
 Rachael Brooks (Littleover and Blagreaves)  
 Sandra Till (Alvaston)  
 Sharon Murphy (Derwent Oak BMO)

Read more about them at <https://derby.anglican.org/en/news/latest-news/ordinations-2021.html>



## AN UNUSUAL ICON OF ST PETER TO GREET OUR ORDINANDS:

*Iconographer Ian Knowles explains:*

St Peter strikes out with a moment of sheer faith in Christ and walks on the stormy waters of Lake Galilee, but his senses overwhelm his faith, he is overwhelmed by fear as he feels the wind lashing at him, and losing focus on the Lord he begins to sink. But then his faith rises up once more, and though he doesn't walk on the water again, he cries out in trust for the Lord to save him from his peril, and the Lord lovingly pulls him out of the water. So many lessons here for the spiritual life...dear St Peter walked it all.

Icons usually show Peter having sunk and the Lord rescuing him. However, the commission was for Peter walking on the water, an element that is often overlooked in commentaries. It is a moment of faith unprecedented really in the Gospel, and should I think be taken alongside his confession, when he proclaims Jesus to be THE Christ.

It was really wonderful to be asked to take on this aspect of Peter's witness and there are enormous depths to it. I hope it might open the way for a more general appreciation of this moment in the Gospel and how it helps us to understand Peter.

*St Peter Walks on Water, egg tempera, 24ct gold. With permission.*

# DERBY CITY DEANERY: ROOTED IN PRAYER

## HOW TO PRAYER WALK:

*“There is not a square inch in the whole domain of our human existence over which Christ, who is Sovereign over all, does not cry, ‘Mine!’” Abraham Kuyper*

Prayer walking is stepping out and praying for your community as you walk. This prayer tool will help you to get started.

### A quick introduction to Prayer Walking

One of the most effective forms of spiritual warfare is prayer-walking. Inspired by God’s promise to Joshua (“I am giving you every square inch of the land you set your foot on.” Joshua 1:3 ), we can walk the victory of Jesus into every part of our neighbourhoods, cities and nations. In faith we walk, believing that as the soles of our feet hit the ground, we are appropriating the work of Jesus over the principalities and powers influencing the atmosphere and shaping the narratives of our city.

Each step we take in Jesus’ name, we weaken something of the enemy’s grip in the Heavenly realms and subvert the systems of evil and injustice. Prayer walking thrusts us out of our church buildings, forcing us to resist the temptation to stay inward-focused, stirring us to keep the mission front and centre. It engages all our senses, rousing us to cry out to God - as we walk with defiant hope into every crack and crevice of our cities. While we walk in victory, and therefore pray in victory, let us remember the way that victory was won – sacrificial, self-emptying, love. In humility, repentance and unity, and let us declare that Jesus’ sacrifice is more than enough for the redemption of all peoples and places.

### W – Worship

As you set off walking begin with your eyes on Jesus. Say the name of Jesus; recite a Psalm; hum a worship song; speak quietly in tongues – basically anything that helps declare the Lordship of Jesus over the streets you walk on.

### A – Ask

Flowing from your worship begin petitioning God for His Spirit to fall on the streets you walk on, the homes, businesses, schools and other churches you walk past. Begin to get specific and pray for people and situations, the ‘people of peace’ you know God has brought you into contact with, who are opening up doors of opportunity for the gospel within your community.

### L – Listen

As you worship and pray, leave space to listen to what God might want to say to you - then pray that back. Often God may give you promises from scripture or prophetic words and pictures; listen for promises and literally walk these promises all over your community. If you are prayer-walking in twos, listen to one another’s prayers and you will find yourself sparking off one another’s words and thoughts.

### K - Know your Land

Get (and keep) yourself informed around the area you are prayer-walking; research some of its history; some of its ongoing problems; so you can pray for breakthrough. Get to know some of the current situations that require persevering prayer and also celebrate the particular graces that rest on the area, asking God to make your area a blessing beyond its borders.

### Books on Prayer Walking

- “Prayer Walking: Praying on site with insight” – Steve Hawthorne and Graham Kendrick

*(This article has been slightly abbreviated – please contact Jo at [jo.simister@derby.anglican.org](mailto:jo.simister@derby.anglican.org) for the full text)*

# DERBY CITY DEANERY: SERVING DERBY

## KICK COMES TO DERBY:

Sandi and Rob Hobbs [sandih@ywamderby.org](mailto:sandih@ywamderby.org) at YWAM (Youth with a Mission) write:

We wanted to let you know about a new partnership YWAM is making with an organisation called KICK, whose mission it is to transform young peoples' lives, with God's love through sport and support.

KICK are a Christian not-for-profit with a vision to see a generation of young people given a hope for the future and a joy in the present. They go into schools and deliver the following areas of PE National Curriculum, Transformational Street Dance, Solutions-Focused Mentoring and Schools based Chaplaincy. Then they train up local churches to run additional sports ministry at the weekend called KICK Academies.

Today KICK engage over 12,500 young people a week across over 70 schools and with 25 church based KICK Academies.

It would be fantastic to see the churches in Normanton, and Derby as a whole, get behind the vision of KICK coming to Derby in the autumn of this year. Joe would love to meet up with as many church leaders as possible who might be interested to get involved. And he is also looking for school contacts to start the bridge-building there.

We've talked in our pre-Covid meetings about the real deficit of youth work focussed on the unchurched in our area, and partnering with KICK could be a real answer to that.

We in YWAM Derby are really excited about all KICK can do for the young people in Derby who need to know they matter to God. We are praying the churches in Derby catch the vision and get involved!



KICK CEO Joe Lowther, [joelowther@kick.org.uk](mailto:joelowther@kick.org.uk), who leads the project, says:

It is our vision to reach a generation of children and young people, within a generation of time. Therefore, we aim to grow to the 15 regions of the UK with the next 15 years. To execute our mission to transform young peoples lives, with God's love, through sport and support. We are thrilled to come to the East Midlands, West Midlands and East of England this September 2021; and then the North West and North East next September 2022. Derby is a priority for us and are delighted to have had initial conversations with Derby YWAM, City Mission and the Bishop of Derby. We hope to make a lasting impact on the city for God's glory.



## DERBY CITY DEANERY: SHARING THE GOSPEL

### THE BIG CHURCH READ: 8th Sept – 17th Nov 2021

#### *“You’ll bounce back”*

How many of us have heard these well-meaning words when faced with mental or physical health challenges, trauma or the loss of dreams? And yet, life’s battles can leave us scarred and changed. Why would we want to go back when what we’ve been through has taught us so much?

It’s time to bounce forwards instead. [video at <https://thebigchurchread.co.uk/bouncing-forward/>]



#### Patrick Regan's book 'Bouncing Forward':

As we emerge out of lockdown and learn to live with the virus, psychiatrists are predicting a tsunami of mental health issues. How do we as people in leadership positions help those in our care to respond well? In 'Bouncing Forward' Patrick Regan explores resilience, acceptance, and emotional agility, and shows how we can find meaning in some of life’s toughest moments and the hope to journey on.

It seems that the shared experience of reading a book together with the author is deepening faith, friendship, and fellowship. This is an important book for leaders to read and that joining in the Big Bounce Forward will be a really helpful journey for Churches to go on.



To find out more, or if you are a Church leader and would like a FREE copy, simply fill out the form at <https://thebigchurchread.co.uk/bouncing-forward-leaders-page/>.

## BREATHING SPACE:

### LIVING WELL DERBYSHIRE - DERBY CITY

Living Well Derbyshire is the beginning of a major transformation of community mental health services which will roll out across the whole county and Derby City.



We still have Experts by Experience attending the Steering Group, Governance Group, and the High Peak Collaborative (a group where: professionals, people with lived experience, carers and commissioners all come together to help design this new model of mental health support). However, the main focus for Mental Health Together has now moved to Derby City, the next area for the Living Well transformation.

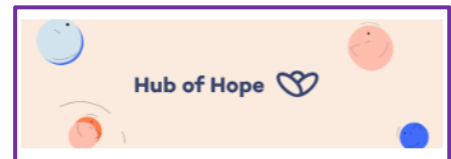
Thank you to the volunteers with lived experience who have agreed to join the Derby City Collaborative (and the groups and individuals who helped to introduce us).

We're now looking for people in Derby to share their stories of the mental health support they've received. If you have a story to share please contact us by email:

[enquiries@mentalhealthtogether.org.uk](mailto:enquiries@mentalhealthtogether.org.uk) or phone: 07704 005303.

### HUB OF HOPE - MENTAL HEALTH SUPPORT DIRECTORY:

The Hub of Hope is a national directory for people to find mental health support in their area easily and quickly. It is provided by national mental health charity, Chasing the Stigma, and brings local, national, peer, community, charity, private and NHS mental health support and services together in one place for the first time.



Initially a simple spreadsheet of local services populated at the kitchen table of Chasing the Stigma founder and CEO, Jake Mills, the Hub of Hope was born out of Jake's own lived experience of extreme mental and emotional distress. He witnessed first-hand the difficulties in finding relevant, accessible and nearby support when it was most needed and decided to take action.

Since we all experience some kind of mental or emotional distress at some point in our lives, **the Hub of Hope is really for everyone.**

The services and support listed on the Hub of Hope are not only for when things become unbearable – crisis point. They are also for those times when we notice we are starting to struggle or need extra support as we start to emerge from a particularly difficult time.

The Hub of Hope also lists support services for family members and friends to enable them to find help for themselves, as well as for the person they are supporting.

[Click here](https://hubofhope.co.uk/) [https://hubofhope.co.uk/] to access the Hub of Hope and try searching your local area. The website also provides the option for service providers to register their organisation's details so that they appear in search results.

### RECOVERY SUPPORT FOR DERBY CITY RESIDENTS:

Derby City Life Links provides Recovery Workshops and various Peer Support Groups for Derby residents who need some help with their mental health. See their [website](https://derbycitylifelinks.org.uk/) [https://derbycitylifelinks.org.uk/] for more information.



## SUPPORT IN THE COMMUNITY FOR PEOPLE WITH MENTAL HEALTH NEEDS IN DERBY:

[Derby City Mental Health Service](https://www.metropolitan.org.uk/support-services/?_sft_region=Derbyshire) [https://www.metropolitan.org.uk/support-services/?\_sft\_region=Derbyshire] is aimed at adults over the age of 18 living in the Derby area who would like support with mental health needs to maintain independence at home. Once referred to the service by a care co-ordinator, primary nurse, or by self-referral; an assessment will take place with Adult Social Care, and a decision made regarding needs and funding.

[Click here](https://mcusercontent.com/1e046abc01e64f8fd9bc8213d/files/383d2dde-9d93-8f0d-9419-fdb5b9e1c181/Derby_mental_health_leaflet_v5_1_.pdf) [https://mcusercontent.com/1e046abc01e64f8fd9bc8213d/files/383d2dde-9d93-8f0d-9419-fdb5b9e1c181/Derby\_mental\_health\_leaflet\_v5\_1\_.pdf] to open a flyer with further details of the service.

## THINGS TO DO:

We all know that our mental health is improved by activity and having something to look forward to doing. Here are a few ideas of things to do, or places to find out about what's happening in Derby and Derbyshire:

- [Derby People's Diary](https://derbypeoplesdiary.org/) [https://derbypeoplesdiary.org/]- lists events taking place and somewhere you can advertise your own events
- [Derby Ram Trail](https://derbyramtrail.org/) [https://derbyramtrail.org/]- taking place from 27 May to 22 August 2021 to form a free twelve-week art trail. Residents and visitors, young and old, can explore the trail using a bespoke [Derby Ram Trail map](https://derbyramtrail.org/wp-content/uploads/2021/05/Ram-trail-map-2.pdf) [https://derbyramtrail.org/wp-content/uploads/2021/05/Ram-trail-map-2.pdf] and [mobile app](https://derbyramtrail.org/the-app/) [https://derbyramtrail.org/the-app/]. These will help people to navigate around the city, discover new places and unlock facts about Derby's history and the museums' collections
- Visit [YADA](https://yadacollective.co.uk/about/) [https://yadacollective.co.uk/about/]- Derby's first alcohol-free bar which [opened on 25th June](https://www.derbytelegraph.co.uk/whats-on/food-drink/derbys-first-alcohol-free-bar-5553973) [https://www.derbytelegraph.co.uk/whats-on/food-drink/derbys-first-alcohol-free-bar-5553973]

[www.visitpeakdistrict.com/whats-on](https://www.visitpeakdistrict.com/whats-on) [https://www.visitpeakdistrict.com/whats-on] - might give you some ideas of places to visit in Derbyshire and the Peak District.

## ACTIVITIES FOR CARERS

Derbyshire Carers Association have lots of activities for carers, such as

- |                              |                               |
|------------------------------|-------------------------------|
| Chair based yoga             | Falls awareness training      |
| First aid training           | Gardening group               |
| Lip balm making              | Learning to meditate          |
| Shared reading for wellbeing | Self-management for arthritis |
| Candle making                | Shame and guilt workshop      |
| Coffee and cake              | Self-care workshop            |
| Exercise classes             |                               |



Thanks to Stella Collishaw, Community Action Officer, Discipleship Mission and Ministry Team for this information. Contact Stella at [Stella.Collishaw@derby.anglican.org](mailto:Stella.Collishaw@derby.anglican.org)

## NOTICEBOARD

### Literature: Authors and Poets of the Region

### Embroidery Exhibition

by East Midlands Embroiderers

21 to 28 August 2021  
excluding Sunday 10 am to 3 pm



Free Carparking for the Exhibition Venue at:

**St John's Methodist Church, Birchover Way,  
Allestree, Derby DE22 2QL**

### St Anne's, Derby

#### Invitation to join our **Walsingham Pilgrimage**



The Shrine of Our Lady of Walsingham has been voted the nation's favourite spiritual place by Radio 4 listeners.

St Anne's Pilgrimage to the Shrine leaves Derby on the morning of Friday 1 October, returning late afternoon/early evening on Sunday 3 October. We have a few places available for anyone who would like to join us. Cost £175 to include two nights accommodation with dinner and breakfast plus Sunday lunch, and travel (shared car).

The Shrine offers a programme of events, with some free time on Saturday afternoon when some of us tend to head for the sea, though all are free to do as they will throughout. In the best tradition of pilgrimage our friendly group will be aiming to combine some holy-days at the Shrine with some fun holiday.

*For further information please contact:  
Fr Giles Orton*

*07768 827101 or [frgilesorton@fastmail.fm](mailto:frgilesorton@fastmail.fm)*

### St Anne's, Derby

#### **Patronal Festival**

**Monday 26 July 6:30pm**

**Sung Mass**

**Preacher: The Bishop of Repton**

#### **Feast of the Assumption of the Blessed Virgin Mary**

**Sunday 15 August 7:00pm**

**Choral Evensong and Benediction**

**Preacher: The Bishop of Derby**

For both these events our organist and choirmaster Tom Corfield will be playing and the choir will be singing. We are hoping that Covid regulations will by then be allowing all the congregation to be singing again and to be able join in some rousing hymns. Liquid refreshments will be served after the services.

All welcome – especially any who will be new to this Victorian jewel of a church hidden between Ashbourne Road and Kedleston Road. No need to book. We are to be found off Watson Street (DE1 3PJ) off Leaper Street, though the easiest parking for those able to walk the 100 yards across West End Park is likely to be found on Mackworth Road (DE22 3BL).

*For further information please contact Fr Giles Orton  
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