

28 March Palm Sunday Matthew 21.1-13

Almighty and everlasting God, who in your tender love towards the human race sent your Son our Saviour Jesus Christ to take upon him our flesh and to suffer death upon the cross: grant that we may follow the example of his patience and humility, and also be made partakers of his resurrection; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. Amen.

**Holy Week** - read a portion of Mark's Gospel every day:

Monday - Mark 14.1-9	Tuesday - Mark 14.10-21
Wednesday - Mark 14.22-31	Maundy Thursday - 14.32-72
Good Friday - Mark 15.1-41	Holy Saturday - Mark 15.42-47

**Easter Sunday** - Mark chapter 16

Lord of all life and power, who through the mighty resurrection of your Son overcame the old order of sin and death to make all things new in him:  
grant that we, being dead to sin and alive to you in Jesus Christ, may reign with him in glory; to whom with you and the Holy Spirit be praise and honour, glory and might, now and in all eternity. Amen.

More resources can be found through the church website

[www.stedsandstmatts.co.uk](http://www.stedsandstmatts.co.uk)

Every Sunday we post an Order of Service (with links to music), the readings and Collect, a sermon, prayers and a Noticesheet.

We have a Zoom service at 11.30 am every Sunday, and then put the video on youtube. Even if you don't have a computer, you may be able to watch the service on your smart TV

Church of England, Daily Hope  
a free phone line of hymns, reflections and prayers - 0800 804 8044

Keep in touch with  
Peter and Julie at the Vicarage - 01332 551404  
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The Parishes of St Edmund, Allestree  
and St Matthew, Darley Abbey



## Worship at Home : Daily Prayer

*You may wish to light a candle and have some reflective music playing in the background.*

The Lord is good, a strong refuge when trouble comes.  
God is close to those who trust in him.

*Nahum 1.7*

### Opening Sentences

O Lord, open our lips and our mouth shall proclaim your praise.  
*either*

The night has passed, and the day lies open before us;  
let us pray with one heart and mind.

*or*

The Lord almighty grant us a quiet night and a perfect end.  
Amen.

Our help is in the name of the Lord who made heaven and earth.

*Pause for reflection as you offer the day to God.*

Save us, O Lord, while waking, and guard us while sleeping, that awake we may watch with Christ and asleep may rest in peace.

**Bible Reading** - you may wish to say Psalm 23 or another psalm here, such as Psalm 16 or Psalm 139. Evening psalms are Psalm 91 or 27. Or start at Psalm 1 and read them in sequence (divide the longer ones into chunks)

The Lord is my shepherd; therefore can I lack nothing.

He makes me lie down in green pastures and leads me beside still waters.

He shall refresh my soul and guide me in the paths of righteousness for his name's sake.

Though I walk through the valley of the shadow of death, I will fear no evil; for you are with me; your rod and your staff, they comfort me.

You spread a table before me in the presence of those who trouble me; you have anointed my head with oil and my cup shall be full. Surely goodness and loving mercy shall follow me all the days of my life, and I will dwell in the house of the Lord for ever. Glory to the Father and to the Son and to the Holy Spirit; as it was in the beginning is now and shall be for ever. Amen.

*You may wish to use the weekly pattern of short readings given below, or choose a passage of your own. You could read one of the Gospels, a chapter at a time. If you want daily Bible reading notes, have a look at [www.brfonline.org.uk/collections/our-notes](http://www.brfonline.org.uk/collections/our-notes) or [www.churchofengland.org/resources/livlent-2021-church-resources-gods-story-our-story](http://www.churchofengland.org/resources/livlent-2021-church-resources-gods-story-our-story)*

### **Sunday - Mark 16.1-8**

When the sabbath was over, Mary Magdalene, and Mary the mother of James, and Salome bought spices, so that they might go and anoint Jesus' body. And very early on the first day of the week, when the sun had risen, they went to the tomb. They had been saying to one another, 'Who will roll away the stone for us from the entrance to the tomb?' When they looked up, they saw that the stone, which was very large, had already been rolled back. As they entered the tomb, they saw a young man, dressed in a white robe, sitting on the right side; and they were alarmed. But he said to them, 'Do not be alarmed; you are looking for Jesus of Nazareth, who was crucified. He has been raised; he is not here. Look, there is the place they laid him. But go, tell his disciples and Peter that he is going ahead of you to Galilee; there you will see him, just as he told you.' So they went out and fled from the tomb, for terror and amazement had seized them; and they said nothing to anyone, for they were afraid.

### **Monday - Colossians 3.12-17**

As God's chosen ones, holy and beloved, clothe yourselves with compassion, kindness, humility, meekness, and patience. Bear with one another and, if anyone has a complaint against another, forgive each other; just as the Lord has forgiven you, so you also must forgive. Above all, clothe yourselves with love, which binds everything together in perfect harmony. And let the peace of Christ rule in your

Christ be with me, Christ within me, Christ behind me,  
Christ before me, Christ beside me, Christ to win me,  
Christ to comfort and restore me.  
Christ beneath me, Christ above me, Christ in quiet, Christ in danger,  
Christ in hearts of all that love me,  
Christ in mouth of friend and stranger. *from St Patrick's Breastplate*

God our Father, by whose mercy the world turns safely into darkness and returns again to light: we place in your hands our unfinished tasks, our unsolved problems, and our unfulfilled hopes, knowing that only what you bless will prosper. To your love and protection we commit each other and all those we love, knowing that you alone are our sure defender, through Jesus Christ our Lord. Amen. *Church of South India*

### **The Lord's Prayer**

Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done; on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation; but deliver us from evil. For thine is the kingdom, the power and the glory, for ever and ever. Amen.

### **The Conclusion**

The Lord bless us, and preserve us from all evil, and keep us in eternal life. Amen. Let us bless the Lord. Thanks be to God.

### **Festival and Saints' Days**

**19 March** Joseph of Nazareth Matthew 1.18-end

**25 March** The Annunciation Luke 1.26-38

*There will be Evening Prayer on Zoom on both these dates at 7.30 pm*

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### *The Compline Hymn*

Before the ending of the day,  
Creator of the world, we pray  
That you, with steadfast love, would keep  
Your watch around us while we sleep.

From evil dreams defend our sight,  
From fears and terrors of the night;  
Tread underfoot our deadly foe  
That we no sinful thought may know.

O Father, that we ask be done  
Through Jesus Christ, your only Son;  
And Holy Spirit, by whose breath  
Our souls are raised to life from death.

### **Prayers**

Almighty and everlasting God, you hate nothing that you have made and forgive the sins of all those who are penitent: create and make in us new and contrite hearts that we, worthily lamenting our sins and acknowledging our wretchedness, may receive from you, the God of all mercy, perfect remission and forgiveness; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. Amen.

Almighty and everlasting God, we thank you that you have brought us safely to the beginning of this day. Keep us from falling into sin or running into danger; order us in all our doings and guide us to do always what is righteous in your sight; through Jesus Christ our Lord. Amen.

Keep us, good Lord, under the shadow of your mercy in this time of uncertainty and distress. Sustain and support the anxious and fearful, and lift up all who are brought low; that we may rejoice in your comfort knowing that nothing can separate us from your love in Christ Jesus our Lord. Amen.

hearts, to which indeed you were called in the one body. And be thankful. Let the word of Christ dwell in you richly; teach and admonish one another in all wisdom; and with gratitude in your hearts sing psalms, hymns, and spiritual songs to God. And whatever you do, in word or deed, do everything in the name of the Lord Jesus, giving thanks to God the Father through him.

### **Tuesday - Philippians 2.1-11**

If then there is any encouragement in Christ, any consolation from love, any sharing in the Spirit, any compassion and sympathy, make my joy complete: be of the same mind, having the same love, being in full accord and of one mind. Do nothing from selfish ambition or conceit, but in humility regard others as better than yourselves. Let each of you look not to your own interests, but to the interests of others. Let the same mind be in you that was in Christ Jesus, who, though he was in the form of God, did not regard equality with God as something to be exploited, but emptied himself, taking the form of a slave, being born in human likeness. And being found in human form, he humbled himself and became obedient to the point of death - even death on a cross. Therefore God also highly exalted him and gave him the name that is above every name, so that at the name of Jesus every knee should bend, in heaven and on earth and under the earth, and every tongue should confess that Jesus Christ is Lord, to the glory of God the Father.

### **Wednesday - Exodus 3.1-6**

Moses was keeping the flock of his father-in-law Jethro, the priest of Midian; he led his flock beyond the wilderness, and came to Horeb, the mountain of God. There the angel of the Lord appeared to him in a flame of fire out of a bush; he looked, and the bush was blazing, yet it was not consumed. Then Moses said, 'I must turn aside and look at this great sight, and see why the bush is not burned up.' When the Lord saw that he had turned aside to see, God called to him out of the bush, 'Moses, Moses!' And he said, 'Here I am.' Then he said, 'Come no closer! Remove the sandals from your feet, for the place on which you are standing is holy ground.' He said further, 'I am the God of your father, the God of Abraham, the God of Isaac, and the God of Jacob.' And Moses hid his face, for he was afraid to look at God.

#### **Thursday - Jeremiah 31.31-34**

The days are surely coming, says the Lord, when I will make a new covenant with the house of Israel and the house of Judah. It will not be like the covenant that I made with their ancestors when I took them by the hand to bring them out of the land of Egypt - a covenant that they broke, though I was their husband, says the Lord. But this is the covenant that I will make with the house of Israel after those days, says the Lord: I will put my law within them, and I will write it on their hearts; and I will be their God, and they shall be my people. No longer shall they teach one another, or say to each other, 'Know the Lord', for they shall all know me, from the least of them to the greatest, says the Lord; for I will forgive their iniquity, and remember their sin no more.

#### **Friday - 1 Timothy 2.1-7**

First of all, then, I urge that supplications, prayers, intercessions, and thanksgivings should be made for everyone, for kings and all who are in high positions, so that we may lead a quiet and peaceable life in all godliness and dignity. This is right and is acceptable in the sight of God our Saviour, who desires everyone to be saved and to come to the knowledge of the truth. For there is one God; there is also one mediator between God and humankind, Christ Jesus, himself human, who gave himself a ransom for all - this was attested at the right time. For this I was appointed a herald and an apostle (I am telling the truth, I am not lying), a teacher of the Gentiles in faith and truth.

#### **Saturday - Philippians 2.5-11**

Let the same mind be in you that was in Christ Jesus, who, though he was in the form of God, did not regard equality with God as something to be exploited, but emptied himself, taking the form of a slave, being born in human likeness. And being found in human form, he humbled himself and became obedient to the point of death - even death on a cross. Therefore God also highly exalted him and gave him the name that is above every name, so that at the name of Jesus every knee should bend, in heaven and on earth and under the earth, and every tongue should confess that Jesus Christ is Lord, to the glory of God the Father.

#### **Canticle - say one of these**

##### *A Song of the Wilderness - Isaiah 35.1,2b-4a,4c-6,10*

The wilderness and the dry land shall rejoice,  
the desert shall blossom and burst into song.  
You shall see the glory of the Lord, the majesty of our God.  
Strengthen the weary hands, and make firm the feeble knees.  
Say to the anxious, 'Be strong, fear not, your God is coming with  
judgement, coming with judgement to save you.'  
Then shall the eyes of the blind be opened,  
and the ears of the deaf unstopped.  
Then shall the lame leap like a hart,  
and the tongue of the dumb sing for joy.  
For waters shall break forth in the wilderness, and streams in the desert.  
The ransomed of the Lord shall return with singing,  
with everlasting joy upon their heads.  
Joy and gladness shall be theirs, and sorrow and sighing shall flee away.  
Glory to the Father and to the Son, and to the Holy Spirit;  
as it was in the beginning is now, and shall be for ever. Amen.

##### *The Magnificat*

My soul proclaims the greatness of the Lord, my spirit rejoices in God  
my Saviour; he has looked with favour on his lowly servant.  
From this day all generations will call me blessed;  
the Almighty has done great things for me and holy is his name.  
He has mercy on those who fear him, from generation to generation.  
He has shown strength with his arm  
and has scattered the proud in their conceit,  
Casting down the mighty from their thrones and lifting up the lowly.  
He has filled the hungry with good things  
and sent the rich away empty.  
He has come to the aid of his servant Israel,  
to remember his promise of mercy,  
The promise made to our ancestors,  
to Abraham and his children for ever.  
Glory to the Father and to the Son, and to the Holy Spirit;  
as it was in the beginning is now, and shall be for ever. Amen.